

Cal Maritime

Department of Athletics and Physical Education

COVID Guidelines 2021-2022

14 Sep 2021

OVERVIEW

The purpose of this document is to outline the policies and procedures for the Department of Intercollegiate Athletics, Physical Education, Recreation, and Aquatics to safely return for the fall of 2021. The health and safety of our cadets, faculty, staff, and administrators is the top priority. These procedures are subject to change as new information becomes available and will be reviewed regularly to ensure that the most up-to-date information is utilized.

VACCINES

Vaccination for COVID-19 is not a requirement for participation in Cal Pac regular season or conference championship competition. Each institution has the right to set a vaccination standard for its own campus for attendance or sport participation by its own student-athletes. However, no institution can mandate another institution do likewise.

Cal Maritime will require all cadet-athletes to be vaccinated in order to participate in intercollegiate athletics unless they have a medical or religious exemption.

DAILY SCREENING

The Cal Maritime Healthy Campus Daily COVID-19 Symptom Check must be completed by all Cal Maritime cadets, faculty, staff, and community members who reside or plan to visit campus on a given day. Cadets residing on campus must complete the check every day.

<https://www.csum.edu/alert/covid-19/covid-check.html>

TESTING

Surveillance testing will occur weekly for all Cal Maritime unvaccinated or unverified individuals. PCR testing will be conducted weekly coordinated through the student health center with support testing company.

For visiting teams, any unvaccinated or unverified individual will be required to provide a negative COVID test 48 hours prior to competition. Either antigen or PCR testing is acceptable.

CONTACT TRACING

Per the Cal Maritime website, contact tracing is required when there has been a close contact. A "close contact" is defined as a person spending more than 15 minutes within six feet of another person that is later determined by testing to be COVID positive. This is over a 24 hour period and does not consider whether masks were worn by one or both people. Contact tracing will be

completed only to the extent a COVID-positive person (case) has contact with people in the campus community. Unvaccinated faculty and employees determined to be a close contact will need to quarantine for 14 days following their last exposure. Fully vaccinated faculty and employees do NOT need to quarantine after close contact unless they develop symptoms. COVID testing is not prescribed unless symptoms develop. If symptoms develop, STAY HOME and follow the "What if I fail my daily health screen or do not feel well" information.

SCREENING

Per Cal Pac policy, any screening for athletes prior to practice and/or competition shall be conducted by a Certified Athletic Trainer (ATC), or a trained and certified individual designated by the campus leadership. All non-ATC screeners shall complete the NAIA certification process.

QUARANTINE / ISOLATION

1. Immediate quarantine or isolation. Align with campus policy.
 - a. Work with Student Health Services and Housing
 - b. Quarantine policy for individuals living off campus
2. Department of Athletics & Physical Education will have an isolation area at Bodnar Field and PEAC for individuals that exhibit symptoms while we notify chain of command.
 - a. Athletic training staff when possible will initiate protocol.
 - b. If unavailable, the coaching staff will notify chain of command.
3. Contact tracing will be utilized via institutional policy.

RETURN TO PLAY

Any individual who is withheld from participation due to a positive test, failed screening, or contact exposure must complete this basic protocol prior to a return to any athletics activity:

- Immediate quarantine or isolation.
- Consult with a healthcare professional.
- Refrain from athletic activities until given written clearance from a healthcare professional.

NOTIFICATION – POST-COMPETITION

If within three days following a conference competition a positive COVID case results, the affected institution shall notify the following individuals:

- Conference commissioner
- Athletics Director(s) of involved institutions
- Athletic Trainer(s) of involved institutions
- Local/State health authorities (if required)

SPECTATORS

Currently, Cal Maritime is allowing spectators for outdoor competitions. Spectators will be required to stay separated from athletes, coaches, and game staff after those individuals have been cleared through the pre-competition screening process. Arrival times and entrances for competitors and spectators will be designated and separated in order to provide physical distancing.

FACE COVERINGS

Face coverings for cadet-athletes and participants are subject to institutional guidelines, and state or local health requirements. Presently, face coverings are not required during competitions, pre-game, benches, or sidelines. Face covering requirements are subject to change.

SCREENING PROCEDURES

Per Cal Pac policy, screening for athletes prior to the competition shall be conducted by a Certified Athletic Trainer (ATC), or a trained and certified individual designated by the campus leadership. All non-ATC screeners shall complete the previously established NAIA certification process. All individuals taking part in competition are required to be screened within six (6) hours of the beginning of the contest. Screening procedures will follow these regulations.

https://d2o2figo6ddd0g.cloudfront.net/v/1/263u4bhzckmuds/Regular_Season_COVID_Manual_1.31.21.pdf locate on page 7 and 8.

The following screening requirements will be confirmed prior to competition.

- Monitoring for fever of ≥ 100.4 degrees F. Temperature readings should be taken in a controlled environment out of direct sunlight when possible, with no wind, and participants should acclimate to setting before the reading can be taken.
- Athletes/Coaches are not permitted to interact with fans or family members once cleared for activity or competition.
- Trained and authorized personnel will use the Non-Healthcare Provider Assessment Questionnaire and refer anyone reporting a “yes” to Athletic Training/ Sports Medicine Staff for further evaluation.
- Athletic Training Staff will use the following scored Athletic Training Assessment Questionnaire. If any participant scores “2” on this assessment, the ATC staff shall withhold the individual from participating in the contest. The ATC staff will notify the host AD, game manager, and both coaches immediately.
- Game officials shall also be screened using the same process upon arrival. A Cal Maritime representative shall inform the officials in advance of the process.

VISITING TEAMS TRAVELING TO CAL MARITIME

Any visiting athlete, coach, or staff member who is unvaccinated or unverified will be required to provide proof of a negative COVID within 48 hours of competition.

If a visiting team is traveling with an Athletic Trainer (ATC):

- Traveling ATC is responsible for screening athletes prior to arrival on campus using Clearance Verification Form (CVF) with readings taken within six (6) hours of competition or activity.
- Prior to departure to the venue, the ATC of the visiting team shall send a digital copy via email of the Clearance Verification Form to Host ATC for acknowledgement and approval of validity.
- Cal Maritime Sports Medicine will verify all documentation and keep official records of all CVF for home events.
- Copies will be given to traveling ATC.
- Pre-practice/training/competition modality usage:
 - If modalities are required prior to activity, a time must be scheduled 48 hours in advance for use of facilities based on availability.

If visiting team is not traveling with an ATC:

- If the traveling team ATC has not completed the CVF within 6 hours of activity or competition, symptom/temp check will be completed by a member of the Cal Maritime Sports Medicine team upon arrival at the host institution.
- A member of the Cal Maritime Sports Medicine team will notify the visiting team to set up a predetermined screening time for traveling team.
- Pre-practice/training/competition modality usage:
 - If modalities are required prior to activity, a time must be scheduled 48 hours in advance for use of facilities based on availability.

OFFICIALS

All officials working a Cal Maritime competition are to be screened by the ATC prior to the contest. Cal Maritime will require communication of the official assigner and or official 48 hours in advance of a contest in order to coordinate screening procedures, designated time, and location.

CAL MARITIME PROCEDURES FOR AWAY COMPETITION

The Cal Maritime Sports Medicine team will administer antigen tests in the training per host team policy. If PCR testing is required, we will contract that service.

If Cal Maritime is traveling to an away contest with an Athletic Trainer:

- A Cal Maritime ATC will ensure the CVF is completed and forwarded to the host ATC prior to departing for the event.
- Will coordinate with the Host ATC to facilitate pre-game screening per that institution's policy.
- Will maintain documentation of the screening process.

If Cal Maritime is traveling to an away contest without an Athletic Trainer:

- A member of the Cal Maritime Sports Medicine Team will coordinate with the Host ATC regarding screening process.

- Attestation forms will be sent to the host ATC prior to the contest per that institution's policy.

NOTIFICATION – POST-COMPETITION

Athletic training staff will notify the following personnel from the involved institutions if a participant or staff member becomes ill or receives a positive result for COVID-19 within 72 hours following an event:

- Conference Commissioner
- Athletic Directors
- Head Coaches
- Athletic Training Staff
- NAIA submission app, if applicable

A “participant” is defined as:

- Anyone who entered the competition from the opposing team without patient zero.
- All participants at the competition for the team with patient zero (possible exposure during warm-up).

The institution will refer to its plans regarding exposure to a possible or confirmed case of COVID-19. All Level 2 (Med Risk) and Level 3 (High Risk) cases will result in a quarantine of anyone who has had a “direct exposure” as defined by the CDC, which will be considered anyone who has entered and played in the competition with patient zero until results of testing for patient zero can be obtained.

- If patient zero test result is negative, then the quarantine period is ended, and all are allowed to continue participation.

If you are a confirmed case or a presumed positive case of COVID-19, you can be with others only after all of the following criteria are met if you are vaccinated:

- 24 hours with no fever (without the use of fever reducing medication), **and**
- Symptoms have improved (e.g. cough, shortness of breath), **and**
- Minimum of 10 days since symptoms first appeared.

If an individual is referred for additional care, a release for return to activity from a licensed healthcare provider must be provided prior to return to practice or competition.

POSSIBLE OR CONFIRMED CASE DURING AN EVENT

Per Cal Pac guidelines, if a Level 2 (Med Risk) or Level 3 (High Risk) is identified during the competition for high or medium risk sports, the event will be terminated at that point and the recommendations listed above will be followed.

Cal Maritime will have an isolation location identified in the PEAC as well as Bodnar Field.

CLEANING AND DISINFECTING

Although the risk of COVID-19 transmission by touching a contaminated surface is low, Cal Maritime has enhanced cleaning and disinfecting protocols in accordance with the California Division of Occupational Safety and Health (Cal/OSHA), [CDC](#) and [United States Environmental Protection Agency \(EPA\)](#) best practices to further reduce the risk of infection.

- Cal Maritime will continue cleaning and disinfecting common areas, as well as high-touch surfaces, frequently.
- Cal Maritime will also provide employees and departments with cleaning supplies. It is recommended to clean and sanitize personal workspaces often and any shared equipment or surfaces between use. Clean at Hello and Clean at Goodbye.